

MEGAN HALLIGAN

Reflection Sheet: STUDENT

Grade Level: MIDDLE SCHOOL

Complete this reflection page after watching the Deeper Look video: Megan Halligan. In this piece, Megan Halligan talks about her brother's suicide and how others can learn a lesson from it. Write your responses, using examples from the video and your own experiences.

1. Megan starts the piece by saying, "There were a few times Ryan did joke about suicide in front of me." Why do you think she did not take those times seriously?

2. Megan describes her brother's "joking around" with her bathrobe sash, how he "tied it around his neck and he was pretending to kill himself." She said it was "sort of typical at the time and it never crossed my mind that he would actually do something like that." Why do you think suicide never crossed her mind?

3. Megan warns people to take signs of suicide seriously, "even if they're joking about it." Have you ever heard someone joke about killing himself or herself? Have you ever joked about it? What do people expect family and friends to do when they say things like this? Why?

4. Megan closes by saying, "So, it's really hard. I miss him a lot." What, in your opinion, would be the hardest thing about having a family member commit suicide? Why?

5. If you had not seen Ryan Halligan's video, how would you know that Megan Halligan was talking about Ryan's suicide as the result of cyberbullying? Is it important to know that? Why or why not?
