

Restorative Practices

Therapeutic Crisis Intervention in Schools (TCIS)

Reflection Sheet: Family

Use the following to think about and/or discuss the video, "TCIS"

- 1. Much of Therapeutic Crisis Intervention is based on connections between adults and children in schools. What does the word 'connections' mean to you? How do you connect with your child on a daily basis?

- 2. One of the TCIS trainers in the video explains, "It is so important that our students feel like the schools are a safe haven and that we care for our students." What do the words "safe haven" mean for you and your child? How safe does your child feel at school? Are there adults in the school that your child feels safe with and bonded to?

- 3. TCIS aims to support children who are in "behavioral crisis." What constitutes "behavioral crisis"? What do you think are some key signs of behavioral crisis in a child?

- 4. In the video about TCIS, the TCIS trainers discuss how a lack of self-regulation could lead a student down a path toward suspension or dropping out. Why could a lack of self-regulation lead students down that path? How does self-regulation contribute to success in school? How does self-regulation lead to success in life?

- 5. One TCIS trainer in the video tells us, "kids who need the most support ask for it in the most unloving ways." Think about times when your own child acts out. What are the circumstances that contribute to the acting out? How do you know when your child's acting out is really a cry for help? How do you respond? How might knowing about the strategies taught in TCIS help you and your child?
